

The harbour enjoys 24 hour access, although leisure craft should keep clear of the busy deep water channels, which are in constant use by commercial vessels that are restricted in ability to manoeuvre. Crossing should always be done at right angles to the channel.

Visitors to Fowey Harbour can enjoy a wide range of facilities including visitors moorings, WiFi internet access, ice and fresh fish, diving services, boatyards and sailmakers, as well as two yacht clubs - The Royal Fowey Yacht Club on the Fowey shore, 100 metres south of the Town Quay, and The Fowey Gallants Sailing Club, 100 metres north of Albert Quay.

The town has an excellent range of shops, galleries, pubs and restaurants, with plenty of opportunities for stocking up on provisions. The fishing village of Polruan lies on the opposite bank and is accessible from Fowey by passenger ferry.

### Falmouth

Falmouth boasts one of the largest natural deep water harbours in the world and attracts leisure users, commercial shipping vessels and cruise ships. The harbour has a large number of marinas and moorings, 24 hour access, a boat park, lay ups, public slipway and a visitors' yacht haven.

Falmouth Harbour can cater for almost all marine services, with excellent facilities for spares and repairs. The approach to Falmouth is relatively easy, with the main hazard 'Black Rock'

well marked and the approach to the visitors' yacht haven dredged to 1.5 metres.

The town of Falmouth has a wide selection of high street shops, restaurants and attractions, with plenty to keep you busy during your time ashore. Close by are miles of creeks and secluded anchorages, well worth exploring.

### Helford River

Helford River, just to the south of Falmouth, is a tranquil ria stretching from the outer edge of Falmouth Bay up to the old trading port of Gweek. The river is part of an Area of Outstanding Natural Beauty surrounded by ancient woodland, hidden creeks and is a Voluntary Marine Conservation Area, home to a commercial oyster fishery and designated bass nursery area with restrictions on fishing.

On the south bank of the river is Helford Village, which is home to the Helford River Sailing Club and waterside pub the Shipwright's Arms. Helford Passage sits opposite on the north bank, with a safe sandy beach, shop and family pub, the Ferry Boat Inn. The two villages are linked by a passenger ferry, which has been running for more than 300 years.

The entrance to the river is about a mile and a half across with easy entry. The Helford River is sheltered from most winds, apart from strong easterlies which can cause the swell to reach as far up the river as Frenchman's Creek. There is a 6 knot speed limit with minimal wash, to avoid disturbing the marine life.

### Isles of Scilly

Lying approximately 28 miles west south west of Land's End, the archipelago of the Isles of Scilly is a tropical paradise that feels worlds away from mainland Britain. Made up of five inhabited islands and many more uninhabited rocky islets, the Isles of Scilly boast miles of sandy beaches, rare wildlife and plantlife. The entire archipelago is an Area of Outstanding Natural Beauty.

The largest inhabited island, St Mary's, is home to the harbour which has plenty of good anchorages, as well as marine services, shops, hotels, cafes and restaurants. There are a large number of rocks and shallows, and the weather can be unpredictable and change quickly.

Tresco, the second largest island, is privately owned and is home to the famous Tresco Abbey Gardens, the Tresco Saling Club and a leisure spa. St Martin's has some of the best beaches of all the islands, despite only being two miles long. Churchtown Flowers is based on the island growing scented narcissi and pinks. Tours are available of the St Martin's Vineyard.

St Agnes is an unspoilt wildlife haven, with wild flowers, butterflies and migrating birds, a stunning sandbank linking with neighbouring Gugh, and has the UK's most south westerly pub, the Turk's Head. The smallest of the inhabited islands, Bryher, is wild and rugged, with rocky coves, sandy beaches and granite hills.

### Approximate Cruising Distances from Plymouth

To the west	n.m.	To the east	n.m.	To the south	n.m.
Cawsand & Kingsand	0.4	River Yealm	06	Cherbourg	110
Looe	13	Salcombe	24	Brest	134
Fowey	25	Dartmouth	38	St Malo	132
Mevagissey	27	Torbay	49	Guernsey	89
Falmouth	42	Exmouth	53	Jersey	114
Helford	43	Portland Bill	75	Roscoff	97
Penzance	65				
Isles of Scilly	96				



# SUTTON HARBOUR MARINA

## CRUISING FROM SUTTON HARBOUR & KING POINT MARINA

From our marinas you will find yourself within easy distance of Salcombe or Dartmouth in Devon, and Fowey or Falmouth in Cornwall. If you're feeling more adventurous, the Channel Islands, Isles of Scilly and the French coast are all within reach.

*Some ideas for daytrips and further afield are detailed here. Please note that this is intended a guide only and is no substitute for passage planning with your usual navigational aids.*

### Day Sailing

#### Barn Pool

Barn Pool is an attractive bay to the west of Drake's Island offering good shelter and easy access to the 865-acre Mount Edgcombe Country Park estate, which includes The Orangery restaurant, The Edgcombe Arms pub and historic Mount Edgcombe house.

Approach Barn Pool using either the wide channel north of Drake's island or 'The Bridge' channel to the south west of the Island, which is clearly marked. Stay between the markers to avoid rocks and shallow water.

There is a lit marker post at Ravenness Point at the southern end of Barn Pool, and the circular building of the Battery is clearly visible at Wilderness Point to the north. The beach at Barn







Pool shelves steeply with the 2m contour line close to the shore and in places the 20m contour line is less than 25 yards further out.

There is good holding at Barn Pool but consider using a trip line in case of anchor fouling. You can land on the beach but remember to pull your dingy above the high water line.

### Cawsand Bay

Ideal for a lunchtime or overnight stop, this popular anchorage is just off the twin villages of Kingsand and Cawsand on the Rame Peninsula, just west of Plymouth breakwater.

It is sheltered from the prevailing winds but check the weather forecast because it's not the place to be in an easterly. There is good anchorage with plenty of space in the bay and for landing on the beach, from where there is easy access to a number of local pubs and Mount Edgcumbe Country Park.

### River Yealm and Cellars Bay

Cellars Bay is a beautifully unspoilt and tranquil spot just inside the mouth of the River Yealm to the east of Plymouth Sound. On a rising tide

this gives access up the creek to the delightful twin villages Newton Ferrers (with a welcoming yacht club) and Noss Mayo, where you can tie up alongside two pubs at high water; the Swan Inn and the Ship Inn.

The Harbour entrance lies between Mouthstone Ledge and Season Point. The mouth of the Yealm is shallow and beware of a sand bar extending from Season Point on the north side across the entrance.

Inside the bar, the bottom is generally level, without any distinct channel, and there may be as little as one metre at Spring tides. Once round Misery Point the channel deepens to over 2.5 metres. A speed limit of six knots is enforced on the river, and vessels over 18m LOA must seek permission from the Harbour Master prior to entry, which is not recommended in strong south west to westerly winds.



### Jennycliff

Jennycliff is a County Wildlife Site owned by Plymouth City Council, which covers just over 11 hectares and is home to four nationally scarce species of plant - pale St John's Wort, maidenhair fern, dwarf elder and round-leaved crane's bill.

Anchorage at Jennycliff is possible if the wind is from the east, and a 15 minute walk will take you to Mountbatten, where a water taxi service runs to the Barbican.

The beach at Jennycliff is small and pebbly with plenty of rock pools, a picnic area with views across Plymouth Sound, a café and toilets.

### River Tamar

The 50-mile long River Tamar creates a natural boundary between Devon and Cornwall, stretching right the way across from the Plymouth Sound to just short of Bude on the north Cornish coast.

The river merges with the rivers Tavy, Plym and Lynher at the estuary to create a designated Area of Outstanding Natural Beauty. Home to rare birds, butterflies, lichen and orchids, the estuary provides stunning scenic views from the water.

On the Devon side of the Tamar sits the historic Devonport Dockyards, and on the Cornwall side are the fishing villages of Cawsand and Kingsand and the Mount Edgcumbe House and Country Park.

Winding its way inland, The River Tamar passes through Saltash, Cargreen and Calstock

and offers several anchoring and mooring opportunities for deep craft, all anchorage is free.

The RYA's Guide to the River Tamar provides pilotage notes, pictures and information on exploring the Tamar including visitor moorings, historical sites and places of interest.

### Stoke Beach

Approximately three miles to the east of the mouth of the River Yealm, Stoke Beach is set in a large sheltered bay at the western extreme of Bigbury Bay. It is ideal for a short stop and offers good swimming, and the beach tends not to be too busy.

### River Erme

The River Erme originates on Dartmoor, flowing through the National Park, Ivybridge and Ermington, before becoming tidal one and a half miles inland and reaching the English Channel near the villages of Kingston to the east and Mothecombe and Holbeton to the west.

A designated Area of Outstanding Natural Beauty, the Erme Estuary occupies one of the most unspoilt stretches of the Devon coastline, surrounded by the 5,000 acre privately owned Flete Estate.

The estuary has extensive areas of salt marsh which becomes uncovered at low tide, allowing for crossing by wading between the slipways of Mothecombe and Wonwell.

Offlying rocks create a shipping hazard at the mouth of the estuary, and artefacts found at the

English Heritage Wreck Site at the Erme Estuary indicate that ships from the 16th, 17th and 18th centuries have run aground.

### Mothecombe Beach

Mothecombe beach is privately owned by the Flete Estate but is open to members of the public on Wednesdays, Saturdays and Sundays. It offers clean sands and excellent opportunities for shallow swimming and has won an award from the Marine Conservation Society for its cleanliness.

There is a tea house offering drinks, snacks and public toilets. The sheltered area makes it a popular windsurfing, kayaking and paddleboarding site for beginners, and is a haven for wildlife including kingfishers, cormorants and herons.

### Sailing Further Afield

#### Salcombe

One of the South West's most beautiful ports, Salcombe in South Devon has an extensive waterfront and naturally sheltered harbour, making it a popular destination for pleasure sailing and yachting.

Lying within the South Devon Area of Outstanding Natural Beauty, the harbour is surrounded by beautiful coastal scenery and golden beaches and the town is home to many shops, restaurants and pubs.

Entry to the harbour is generally safe but it does have a sand bar that should not be crossed on an ebb tide with strong onshore winds. The only commercial use of the port is by the local crabbing craft, and facilities for visitors include dedicated moorings and a range of marine services.

#### Dartmouth

'The Jewel of the South Hams', Dartmouth is a busy fishing and leisure port, also home to the Britannia Royal Naval College. The port has 24



hour access, plenty of moorings and is easy to enter; making it an attractive destination for stopovers while exploring the South Devon coast.

The town's ancient narrow streets and cobbled market place are home to boutique shops, art galleries, restaurants, pubs and cafés, and the River Dart can be followed for eight miles inland, through the surrounding countryside and woodland.

One of the annual highlights in Dartmouth is the Dartmouth Regatta; a weekend of sailing, rowing, fireworks and air displays from the Red Arrows. Taking place every August it's a must see if you're in the area.

#### Fowey

The charming harbour town of Fowey on the south coast of Cornwall is the ideal place for boat owners to explore the county.

Sitting at the mouth of the River Fowey, Fowey Harbour is a busy commercial port as well as a popular destination for leisure craft, with much of the marine traffic coming from the export of local China Clay.

